



DNA LAYERS 7, 8 & 9 WORKSHEET

The Lemurian Layers

Layer Seven: (Lemurian Layer One) Kadumah Elohim - "DNA Home Language and Revealed Divinity"

When and how did you first begin your search for the creator?
 Think about what separates Human Beings from other mammals.
 Divinity lies within you! Do you find comfort in this?
 What would you ask of God if you were speaking to yourself as God?

Layer Eight: (Lemurian Layer Two) Rochev Baaravot - "Riders of the Light"

Give yourself permission to access your Akashic Records. You may want to use this example.

"Dear cellular structure, I wish to have the attributes that I have earned in what I call my past that will enhance the ability for me to live my current life with more ease and grace. I wish to recall those things that will allow me to live longer, do my work better and give me peace over the things that I desire to do. I wish to mine the Akash for this, which is in my personal DNA"Kryon 'The Twelve Layers of DNA pg 170

What skill/wisdom would you like to possess again?
 Write a short story or paragraph about an unknown individual who has lived on the earth and had the skills/wisdom you seek.
 How does it feel when you read it? Could this have been you?

Layer Nine: (Ascension and Activation)) Shechiniah-Esh - "The Flame of Expansion"

Sit still and 'feel' your physical body. Are you aware of imbalance or dis-ease?
 How does this feel?
 With this awareness ask your cells for guidance toward healing.
 What might stop you from trusting your personal healing process?
 Talk to your DNA daily for 4 days. Keep a journal and review this on day 5.

GROUP THREE: The Lemurian Layers

Elevating us from all other mammals, how do these layers impact your responsibility on Earth?
 Feel the strength of the sword/power of God created by these layers within you.
 What will you name this sword?

GROUPS ONE, TWO & THREE

Grounded, Humanly Divine and Angelically Seeded, surround yourself with love. Focus on this new understanding of the first nine layers. Welcome this new knowledge!

Answer the following questions in one sentence, quickly!

1. Who am I?
2. Why am I?
3. How am I?
4. What is my name?